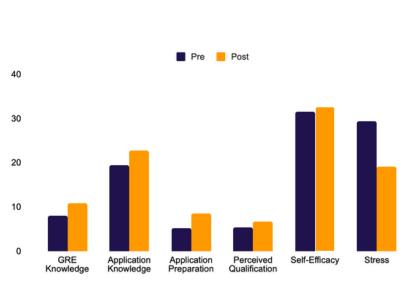
SCOPE NEWSLETTER

An update on the Scholars Committed to Opportunities in Psychological Education program

WHAT IS SCOPE?

SCOPE was founded in 2013 and aims to assist racial and ethnic minority undergraduates and postbaccalaureates in preparing for graduate school in psychology through culturally responsive mentorship and training. SCOPE will be held again in June 2024. Stay tuned for emails about the application process.



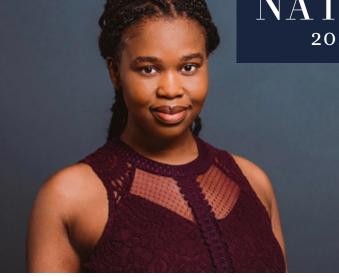
SCOPE's impact pre- to post-program (2023)



"At SCOPE, one of the biggest surprises for me was the extent of the racial/ethnic disparities in graduate education in psychology and how that both directly and indirectly impacted mental health treatment for racially and ethnically minoritized communities. As part of the program, we not only discussed the alarming statistics pointing to the size of the disparity, but we also discussed what barriers existed for racially and ethnically marginalized

prospective students (e.g., the hidden curriculum of applying to graduate school in psychology, GRE, application fees, etc.), and how they may be addressed. Another really important thing that I learned at SCOPE was not only the importance of getting research experience, but also developing one's research interest and how to develop a list of prospective programs and PIs to consider applying to. I appreciated that the mentors at SCOPE highlighted that as important as research fit is, it is also important to look at institutional characteristics and consider how they align with or will meet my needs as a Black woman and student, specifically."

Nathalie is a doctoral student in clinical psychology at the University of Denver.



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GRAD SCHOOL RESOURCES

<u>Click here for the American Psychological Association's guide on</u> preparing and applying for graduate school in psychology.

<u>Click here for the 2023 SCOPE program curriculum.</u>

SCOPE RESEARCH

Fix, R. L., Silverstein, M. W., Nuhu, N., & Gray, W. (2020). Scholars Committed to Opportunities in Psychological Education: Increasing diversity in the field of psychology by mentoring future psychologists of color. *Mentoring and Tutoring: Partnership in Learning*, 28(1), 44-59. <u>http://doi.org/10.1080/13611267.2020.1736776</u>

Silverstein, M. W., Miller, M., Rivet, J., & Nuhu, N. (2022). Program evaluation of a virtual mentoring program for BIPOC undergraduates in psychology. Scholarship of Teaching and Learning in Psychology. <u>https://doi.org/10.1037/stl0000322</u>

Silverstein, M. W., Mekawi, Y., Au, J., Martinez de Andino, A., Brydon, C., Miller, M., & Chatman, K. (2023). Immediate and long-term outcomes of the Scholars Committed to Opportunities in Psychological Education Program. *Mentorship and Tutoring: Partnership in Learning*. <u>https://doi.org/10.1080/13611267.2023.2263394</u>

Silverstein, M. W., Fix, R. L., Nuhu, N., & Kaslow, N. J. (2020) Lessons learned from disseminating a mentoring program for undergraduates of color. Scholarship of Teaching and Learning in Psychology. <u>https://doi.org/10.1037/stl0000224</u>



<u>Click here for the official SCOPE Program</u>

website